

DYNAMIC AGING SERIES

**AGE IS JUST A NUMBER..
MAKE IT ADD UP FOR YOU!**

**Sept 26,
Oct 10, Oct 24**

**6:00–7:30
pm**

**West Stockbridge
Historical Society
9 Main Street
West Stockbridge**



**Kelly Clady-Giramma, L.Ac.,
Chinese Medicine Practitioner
& Chronic Pain Coach**



**Samantha Anderson, NBC-HWC,
Functional Medicine
Brain Health Coach**

**Learn the latest neuroscience, practical tools, nutritional
and herbal therapies to boost your physical, mental, and
spiritual wellness for longevity.**

**For More Info &
Pre-Register (Required)
SCAN QR CODE OR EMAIL
samantha@essential-
wholeness.com**



**\$99 for the
3-part series
Venmo:
@Kelly-Clady-Giramma
(541-224-4014)**